



## Spring Flowers

We give thanks for the plants everywhere and at this time of year, I can't help but notice all the Flowers...

Our beautiful petaled friends!!!

These are a sure sign that Spring has sprung and the vibrant colours are returning to the Forest. On my hikes, I'm seeing whites and yellows and purples all over! Maybe you are too?

**Your Challenge this week is to get connected with Flowers.**

Go on a hike or to your sit spot or your own backyard or out the window. Choose a flower you see (and/or smell!) and get up close (maybe down low!) to check it out.

What do you see or feel or smell?

Based on that, what would you name this flower if you could?

***If you want to take this further here's a couple more ideas:***

What is this flower's name (use google or a field guide)?

At your sit spot, how many flowers you can find?

Choose one flower you see. Draw a detailed drawing of it.